

OUR DAY AT A GLANCE ...

Registration begins at 7:45 AM
Join us for coffee & croissants!

8:30 AM OPENING REMARKS

PalCare Network for York Region welcomes you

Carol Ford, RN, BScN, CON (C)
Regional Clinical Coordinator
PalCare Network for York Region

We welcome you and set the tone
for a special day of interactive
professional development.

8:45 AM KEYNOTE PRESENTATION FACILITATING PATIENT HEALING

Michele Chaban, MSW, RWS, PhD
Clinical Leader of the Psychosocial Spiritual Program,
The Temmy Latner Centre for Palliative Care, Mount
Sinai Hospital, Toronto, Ontario

**The tradition of being healers to the dying and
their families is an ancient and honorable one. This
presentation will reflect on the sacred tradition of
deathing and how we can integrate this into our
care plans and into our consciousness as healers.**

9:45 AM NETWORKING BREAK

Enter your business card, or fill in a ticket,
for our prize draws!

DATE AND LOCATION

Wednesday, June 23rd, 2004
Tuscany Banquet Centre
222 Edward Street
Aurora, Ontario

SUBSTITUTION/CANCELLATION POLICY

Delegate substitution is permitted up to and including
the day of the conference. A full refund will be given
for cancellations received in writing on or before
June 4, 2004. No refunds will be granted after June
4, 2004.

CONFERENCE REGISTRATION FEES

EARLY BIRD - on or before May 28, 2004 \$75.00
REGULAR PRICE - after May 28, 2004 \$95.00

A registration form is included with this brochure.
Payment must be received prior to the conference.
Conference fees include materials, refreshments, lunch
and parking.

Register by Friday, May 28, 2004 and you are eligible
to win an early bird prize draw!

GENERAL ENQUIRIES

Contact:
Deborah Green
Program Assistant
PalCare Network for York Region
(905) 895-3628 X 294
programassist@palcarenetwork.org
8:30 am - 4:30 pm, Monday to Friday



Palliative Care ... It's all about living

9th Annual Pain & Symptom Management Conference

QUEST FOR HEALING

INSPIRATION • KNOWLEDGE • CHOICE

Wednesday, June 23rd, 2004
8:30 AM – 4:00 PM

Tuscany's Banquet Centre
222 Edward Street, Aurora



www.palcarenetwork.org

10:15 AM KEYNOTE PRESENTATION PHYSICIANS' DEBATE

Our moderator, Carol Ford of PalCare Network for York Region will encourage you to take an active role in two debates addressing key issues in hospice palliative care. We would like to thank Anne-Marie Dean, Executive Director, Hill House Hospice and Kit Martin, PalCare Network for York Region, for facilitating the audience participation portion of the debates.

Topic 1: Is hospice palliative care healing?

PRO: Dr. Nancy Merrow & Dr. Natasha Zajc

CON: Dr. Eileen Lougheed & Dr. Brian Berger

By using the word 'healing' in hospice palliative care are we giving our patients false hope? Do they see healing as a return to their normal function or as a place of reconciliation and comfort? In Handbook for Mortals (Lynne and Harold, 1999), the authors tell us "Serious illness can be a time of growth, meaning and healing." This debate will address the meaning of healing in hospice palliative care.

Topic 2: Are patients in York Region receiving good palliative care?

PRO: Dr. Eileen Lougheed & Dr. Brian Berger

CON: Dr. Nancy Merrow & Dr. Natasha Zajc

"Unfortunately, in end-of-life care, we do not have a vocal constituency. The dead are no longer here to speak, the dying often cannot speak and the bereaved are often too overcome with loss to speak." Dr. Harvey Chochinov, testimony before the Senate Subcommittee, February 8th, 2000. So, how do we know we are giving good hospice palliative care? York Region covers a large geographical area and encompasses many different cultures.

Are the services we provide meeting the needs of patients and families? This debate will address the efficacy of hospice palliative care services in our area.

Brian Berger, M.B.C.H.B, CCFP, ABHPM

Chief of the Department of Continuing Care and Palliative Care, York Central Hospital; Family Physician, Richmond Hill, Ontario

Eileen Lougheed, MD, CCFP, FCFP, ABHPM

Palliative Care Physician, Markham Stouffville Hospital; Medical Director, Woodhaven LTC Facility

Nancy Merrow, MD, CCFP, ABHPM

Medical Director of Palliative Care, Southlake Regional Hospital

Natasha Zajc, MD, CCFP

Team Physician, Acute Palliative Care Unit, Southlake Regional Health Centre; Family Physician, Holland Landing, Ontario

12:15 PM TUSCAN BUFFET LUNCH BON APPETITO!

A message of appreciation from PalCare Network

Pat Van Den Elzen

Executive Director
PalCare Network for York Region

On behalf of the Board of Directors of PalCare Network for York Region, we express our thanks to our Member Agencies and stakeholders. It is also our privilege to recognize some special achievements.

1:30 PM KEYNOTE PRESENTATION WOUND MANAGEMENT

Vincent Maida, BSc, MD, CCFP, ABHPM

Director of Palliative Medicine, William Osler Health Centre, Etobicoke Hospital Campus; Lecturer, University of Toronto, Faculty of Medicine

Non-healing wounds present many challenges to the healthcare team. This presentation will demonstrate strategies to assist caregivers in achieving realistic goals.

Johnson & Johnson Wound Management has sponsored Dr. Maida's presentation.

2:30 PM KEYNOTE PRESENTATION HEALING THE CAREGIVER

John Kennedy Saynor, BRE LTh

Coordinator, Genesis Bereavement Resources, Warkworth, Ontario

Caregivers too need opportunities for healing. In this presentation, we'll explore the need for caregiver healing and how this can be facilitated. Participants will be encouraged to reflect upon their own experiences, and how they care for themselves as they deal with the stresses of caring for others.

3:45 PM CLOSING REMARKS THOUGHTS OF INSPIRATION!

Kit Martin, RN

Clinical Nurse Consultant/Educator
PalCare Network for York Region

4:00 PM JOIN US FOR OUR WINE & CHEESE NETWORKING ...

and share your thoughts on the day! (Cash bar)